



Ateneo de Zamboanga University
SCHOOL OF EDUCATION
BACHELOR OF PHYSICAL EDUCATION (BPED)

FIRST YEAR First Semester

FG	Course Code	Course Title	Units
	PED CALPRIN	Child and Adolescent Learners & Learning Principles	3
	UNDSELF	Understanding the Self	3
	SPIECO	Spirituality & Ecology in the Christian, Ignatian & Islamic Traditions	3
	PHIHIS	Readings in Philippine History	3
	PURCOM	Purposive Communication	3
	FFP1	Freshman Formation Program 1	3
	NSTP1	National Service Training Program 1	3
	PATHFIT 1	Movement Enhancement	2
		Total	23

Second Semester

FG	Course Code	Course Title	Units
	PED FSIED	Foundations of Special & Inclusive Education	3
	PED FACILCT	Facilitating Learner-centered Teaching	3
	MATMOD	Mathematics in the Modern World	3
	KOMFIL	Kontekstwalisadong Komunikasyon sa Filipino	3
	SCITECS	Science, Technology & Society	3
	FFP2	Freshman Formation Program 2	3
	NSTP2	National Service Training Program 2	3
	PATHFIT2	Fitness Exercise	2
		Total	23

SUMMER

FG	Course Code	Course Title	Units
	CONWOR	Contemporary World	3
	LITMIN	Literatures of Mindanao	3
	ARTAPP	Art Appreciation	3
		Total	9

SECOND YEAR First Semester

FG	Course Code	Course Title	Units
	PED TECHTCH	Technology for Teaching & Learning 1	3
	PED ASSESS 1	Assessment of Learning 1	3
	PE PESFOUN	Philosophical & Socio-Anthro Foundations of PE & Sports	3
	PE ANAPHYS	Anatomy & Physiology of Human Movement	3
	PE PHYEXPA	Physiology of Exercise & Physical Activity	3
	PE PRIMOT	Principles of Motor Control & Learning of Exercise, Sports & Dance	3
	PHIHUM	Philosophy of the Human Person: Social & Political Dimensions	3
	VOCMIS	Vocation & Mission in the Christian, Ignatian & Islamic Traditions	3
	PATHFIT 3	Dance/Sports/Rec & Games I	2
		Total	26

Second Semester

FG	Course Code	Course Title	Units
	PED BENLIT	Building & Enhancing Literacy Skills Across the Curriculum	3
	PED ASSESS 2	Assessment of Learning 2	3
	PE APPMOT	Applied Motor Control & Learning of Exercise, Sports and Dance	3
	PE MOVEED	Movement Education	3
	PE PHILTD	Philippine Traditional Dances	3
	ETHICS	Ethics	3
	RIZAL	Life and Works of Rizal	3
	ACADWRI	Academic Writing	3
	PATHFIT 4	Dance/Sports/Rec & Games II	2
		Total	26

SUMMER

FG	Course Code	Course Title	Units
	PE EMSAFE	Emergency Preparedness & Safety Management	3
	PE DRUCOED	Drug Education, Consumer Health Educ. & Healthy Eating	3
	PE ELEC MK12	Elective/Cognate (K-12 Music)	3
		Total	9

THIRD YEAR First Semester

FG	Course Code	Course Title	Units
	PED TCHPROF	The Teaching Profession	3
	PED TCHCUR	The Teacher & School Curriculum	3
	PE INDDUS	Individual & Dual Sports	3
	PE PHITRAG	Philippine Traditional Games	3
	PE INTDAN	International Dance & Other Dance Forms	3
	PE PERCEH	Personal, Community & Environmental Health	3
	PE TCHPHE	Process of Teaching Physical and Health Education	3
	PE RESPET1	Intro to Research in Physical Education	3
		Total	24

Second Semester

FG	Course Code	Course Title	Units
	PED TCHCOM	The Teacher & Community, School Culture & Organizational Leadership	3
	PE AQUA	Swimming and Aquatics	3
	PE COSHP	Coordinated School Health Program	3
	PE CURASPE	Curriculum & Assessment for PE&H	3
	PE TEAMS	Team Sports	3
	PE SPORPSY	Sports & Exercise Psychology	3
	PE RESPET2	Research in Physical Education Teaching	3
	PEACE ED	Peace Education	3
		Total	24

SUMMER

FG	Course Cope	Course Title	Units
	PE TECHTCH	Technology Application in Teaching Physical and Health Education	3
	PE ELECT AK12	Elective/Cognate (K-12 Arts)	3
		Total	6

FOURTH YEAR First Semester

FG	Course Code	Course Title	Units
	PED FS1	Field Study 1: Observation of Teaching & Learning in Actual School Environment	3
	PED FS2	Field Study 2: Participation & Teaching Assistantship	3
	PED INTEG1	Education Integrative Course 1	3
		Total	9

Second Semester

FG	Course Code	Course Title	Units
	PED INTERN	Teaching Internship	6
	PED INTEG2	Education Integrative Course 3	3
		Total	9