

American Psychological Association (APA) Citation Guide

A **Citation** identifies the original source of an idea, information, or image used in your research.

Two main types:

- In-text citation: acknowledges the source within the body of your work
 - Parenthetical:** A recent study on mental illnesses in teenager (Jackson, 2021) suggest that ...
 - Narrative:** In a recent study of mental illnesses in teenager, Jackson (2021) discovered that ...

- References/Work Cited: a comprehensive list of all sources at the end of your work
 - Reference List:** Jackson, A. H. (2021). Mental health for adolescent. *Journal of Mental Health*, 46(3), 161-170. <http://doi.org/xxx2364127>

Cite a reference when you:

- Paraphrasing ideas or information
- Quoting directly
- Using statistical and other data
- Using images, graphics, videos, and other media
- Sources such as your instructor's PowerPoint slides or class notes.

About APA Style, visit these links:

- Website: <https://apastyle.apa.org>
- Style and grammar guidelines: <https://apastyle.apa.org/style-grammar-guidelines>
- Instructional aid: <https://apastyle.apa.org/instructional-aids>
- Guide to What's New in the APA Style, 7th Edition: <https://apastyle.apa.org/instructional-aids/whats-new-7e-guide.pdf>
- APA Style Blog: <https://apastyle.apa.org/blog>

Here are APA (7th edition) citation formats for different types of sources:

Books

Format:

Author, A. A. (Year). *Title of book* (edition if applicable). Publisher.

Example:

Smith, J. (2020). *Leadership strategies for success* (2nd ed.). Oxford University Press.

Journal Articles

Format:

Author, A. A., & Author, B. B. (Year). Title of the article. *Title of the Journal*, Volume(Issue), page range.
<https://doi.org/xxxx>

Example:

Johnson, R., & Lee, M. (2019). The impact of leadership training on youth development. *Journal of Leadership Studies*, 12(3), 45-60. <https://doi.org/10.xxxx>

Websites

Format:

Author, A. A. (Year, Month Date). Title of webpage. *Website Name*. URL

Example:

Brown, K. (2021, March 15). How to inspire young leaders. *Leadership Academy*.
<https://www.leadershipacademy.org/inspire>

If no author is available, use the organization as the author.

Example:

World Health Organization. (2022, April 10). Youth leadership in health initiatives. *WHO*.
<https://www.who.int/youth-leadership>

Newspaper or Magazine Articles

Format:

Author, A. A. (Year, Month Date). Title of article. *Newspaper Name*. URL

Example:

Miller, D. (2023, July 5). Youth camps boost confidence in leadership. *The New York Times*.
<https://www.nytimes.com/youth-camps>

Videos (YouTube or Online Videos)

Format:

Uploader. (Year, Month Date). Title of video [Video]. *Platform Name*. URL

Example:

Leadership Academy. (2022, June 10). *How to build leadership skills in youth* [Video]. YouTube.
<https://www.youtube.com/watch?v=xxxxx>

Conference Papers (Published & Unpublished)

Published:

Author, A. A. (Year). Title of paper. In A. Editor (Ed.), *Title of Proceedings* (pp. xx-xx). Publisher.
<https://doi.org/xxxx>

Example:

Davis, P. (2021). Leadership training for youth empowerment. In T. Green (Ed.), *Proceedings of the Annual Leadership Conference* (pp. 45-60). Springer. <https://doi.org/10.xxxx>

Unpublished:

Author, A. A. (Year, Month). Title of paper. Paper presented at *Conference Name*, Location.

Example:

Clark, S. (2020, November). Youth mentorship and leadership development. Paper presented at *Global Leadership Summit*, New York, NY.

Dissertations & Theses

Format:

Author, A. A. (Year). *Title of dissertation or thesis* (Publication No.). [Doctoral dissertation/Master's thesis, University Name]. Database or URL

Example:

Henderson, L. (2021). *Youth leadership and community engagement* (Publication No. 1234567). [Doctoral dissertation, Harvard University]. ProQuest Dissertations & Theses.

Radio Broadcast or Podcast episode

Format:

Host, A. A. (Host). (Year, Month Date). *Title of episode* [Audio podcast episode]. In *Title of Program*. Producer. URL

Example:

Jones, B. (Host). (2023, May 12). *Empowering youth through leadership* [Radio broadcast]. In *Leadership Today*. NPR. <https://www.npr.org/leadership-today>

If No Named Host (Use Organization Name as Author)

Example:

BBC News. (2022, October 5). *Youth leadership initiatives worldwide* [Radio broadcast]. BBC. <https://www.bbc.com/youth-leadership>